

12. Integrated Child Development Scheme (ICDS)

Theme	Health, Education
Department	Social Welfare department
Target group(s)	Children between 6 months and years, pregnant women, lactating mothers and adolescent girls.
Description of the scheme	A comprehensive, multi-dimensional programme, for holistic development of children from 0-6 year of age, covering pregnant and lactating mothers/adolescent girls by providing them six allied services: <ol style="list-style-type: none"> 1. Supplementary nutrition; 2. Pre-school education; 3. Health check-ups; 4. Immunization; 5. Referral services; and 6. Nutrition and health education to women.
Objectives	<ol style="list-style-type: none"> 1. To improve nutritional and health status of children between 0-6 years old 2. To stimulate psychological development of children 3. To reduce infant mortality, morbidity, malnutrition and school drop-out 4. To achieve effective coordination of policy and implementation among various departments to promote child development 5. To enhance the capability of mothers to look after the normal health and nutritional needs of the child, through health and nutrition education.
Information	There are more than 14,000 Anganwadi centers spread across the Valley through which the ICDS services are provided to the target beneficiaries.