

15. Nutritional Programme for Adolescent Girls (NPAG)

Theme	Health
Department	Social Welfare department
Target group(s)	Undernourished adolescent girls between 11 - 19 years
Description of the scheme	<p>The scheme consists of three components:</p> <ol style="list-style-type: none"> 1. 6 kg of free food-grains per month per beneficiary for a period of three months. 2. Nutrition and Health Education to the beneficiaries and their families. <p>Those who show improvement in nutritional status and hence cross the cut off point for weight or cross the eligible group (i.e. crossed 19 years) will no longer receive wheat. Those who in spite of receiving food grains for three consecutive months have not shown improvement in nutritional status will continue to receive free wheat for the next three months.</p>
Objectives	To improve the nutritional status of under-nourished adolescent girls between 11 – 19 years.
Eligibility	<ul style="list-style-type: none"> - Girls between the age of 11- 19 years. - Girls with a weight of less than 35 kg.
How to apply for this scheme	Through the existing ICDS infrastructure/Anganwadi center.
Whom to contact for the actual status of the scheme	District Programme Officer (DPO) ICDS/Child Development Project Officer (CDPO).